

Age Well Program

Our team will work independently or collaborate with your personal physician.
For information or an appointment, please call (818) 876-4055.



We are fortunate to live in an era when it is possible to live a longer, healthier life. Being proactive about your health can make a significant and positive difference in how well you live your life. Whether you are concerned about a parent or a loved one, changes in your own health or just want a head start in preparing for future health needs, MPTF Age Well Program offers:

- Comprehensive and focused assessments of seniors
- Care coordination for caregivers and adult children
- Personalized medical assessments and care management
- Multidisciplinary team approach to provide ongoing support to seniors in their homes

The Benefits of the MPTF AGE WELL PROGRAM:

- Early assessment/intervention of medical and emotional concerns
- Expert recommendations to primary care physician and family
- Assistance with accessing community support services
- Diagnosis of dementia and other age related conditions

Please call (818) 876-4055 if you think the time is right.

Reasons to Call Age Well:

- Advice on Maintaining and Improving Overall Good Health
- Falling or Loss of Balance
- Difficulty Maintaining Daily Activities
- Depression, Emotional Isolation
- Loss of Bowel or Bladder Control
- Memory Loss, Confusion or Dementia
- Caregiver Stress
- Functional Changes
- Problems with Multiple Medications
- Significant Changes in Health Status
- Diminished Energy
- Intimacy Issues

Our Comprehensive Personalized Assessment Includes:

- Comprehensive Medical Evaluations
- Cognitive/Functional and Psychological Assessments
- Medication Review
- Medical Treatment Plan
- Exercise Treatment
- Nutritional Counseling
- Mental Health Support
- Individual Counseling
- Community Resource Referrals
- Driving Assessments
- Physical Therapy Assessment
- Team Conferences with Senior & Family
- Recommendation Summary

